

Physical Education – Grades 6-8  
Teacher – Mrs. Gallegos  
[cgallegos@trinityhicksville.org](mailto:cgallegos@trinityhicksville.org)

Required:

- Trinity Gym Uniform (shorts and t-shirt)
- Sneakers
- Gym lock
- An amazing attitude!!

Middle School Class Rules, Classroom Procedures and Expectations:

- Be respectful. Respect yourself, others, and equipment.
- Be prepared for class with your Trinity Gym Uniform, sneakers, and gym lock for every class.
- Students will have 5 minutes to change for class.
- After changing students are expected to be seated on the bench ready to begin instruction.
- It will be important to cooperate and follow directions the first time they are given.

Grades:

Your Physical Education Grade for each quarter will be based on Participation and Skills. Participation is taking an active involvement in daily activities. Skills will be evaluated on the process rather than on the outcome.

Conduct:

General School rules apply to class behavior in the gymnasium. The school handbook outlines the discipline procedure. A “Notice of Concern” may be used to keep parents informed of any issues that may come up.